

**Experience Sports Sessions – Location Update or Cancellation (April 2025)**

DATE	TIME	PROGRAMME	LOCATION UPDATE / CANCELLATION
2 April 2025	7pm - 8pm	Fight-Do	These sessions are <b>cancelled</b> due to an event
5 April 2025	8.30am - 9.30am	K-Kardio	
	10am – 11am	Strong By Zumba	
6 April 2025	8.30am - 9.30am	International Remix – Cardio Rocks	
	10am – 11am	FIT Blast	
7 April 2025	7pm – 8pm	International Remix – Dance Storm	
18 April 2025	7pm – 8pm	HIIT Yoga	Public Holiday

*Updated as of 26 March 2025*

