

Experience Sports Sessions – Location Update or Cancellation (October 2024)

DATE	TIME	PROGRAMME	LOCATION UPDATE / CANCELLATION
9 th October	7pm-8pm	Fight-Do	These sessions are Cancelled due to an Event.
8 th October	7pm-8pm	Boot Camp	
10 th October	7pm-8pm	Tabata Mania	
12 th October	8.30pm-9.30pm	K-Kardio	
	10am-11am	Strong by Zumba	
13 th October	8.30am-9.30pm	International Remix – Dance Storm	
	10am-11am	FIT Blast	
14 th October	7pm-8pm	International Remix – Dance Storm	
15 th October	7pm-8pm	Boot Camp	
16 th October	7pm-8pm	Fight-Do	
31 st October	7pm - 8pm	Tabatha Mania	The session is Cancelled due to a Public Holiday

Updated as of 27 September 2024

