

General Information

The OCBC Aquatic Centre has Conditions of Entry available on www.sportshub.com.sg and pool policies and procedures to promote a safe and pleasurable swimming experience. This General Information is not meant to be exhaustive, and the management reserves the right to amend policies and procedures at any time without notice.

In the event of any inconsistency between the provisions of the applicable Conditions of Entry and this General Information, the provisions of the Conditions of Entry shall prevail to the extent of such inconsistency.

Management reserves the right to deny entry or remove any person that may put patrons or the facility at risk. For more information, please contact our customer care counter at 6653 8900.

Opening Hours

- (a) Daily from 7am to 10pm including Public Holidays
- (b) Last admittance into the facility is 15 minutes before pool closure
- (c) All patrons are required to clear the pool 5 minutes before closing hours
- (d) OCBC Aquatic Centre may be closed for events, kindly visit www.sportshub.com.sg for operating hours

*Competition pool (3.0m deep) is open on selected days only. Please refer to www.sportshub.com.sg for more details. Patrons must be aged 16 and above to swim in the competition pool.

Pool Admission

- (a) Patrons will need to purchase a ticket from the Information Counter before entry
- (b) Swim passes are available for purchase from the Information Counter
- (c) Viewing and spectators are strictly prohibited on the pool decks for health and safety reasons
- (d) Lockers are provided free of charge in the changing rooms and must be cleared out by the end of day
- (e) Patrons are responsible for their personal belongings and SportsHub will not be liable for any lost/stolen belongings
- (f) Management reserves the right to limit entry when the pool is over capacity for safety reasons
- (g) Private coaching for personal gain or commercial activities are prohibited

Public Swimming & Aqua Fitness Programmes

- (a) Training Pool: 8 lanes x 50m (Depth: 1.35 - 2.0m)
- (b) Lap lanes are for lap swimming or aquatic exercise only (unless otherwise designated)
- (c) Aqua fitness programmes with music may be conducted at any time during operational hours. For more details on the programmes on offer, please approach the Information Counter or visit www.sportshub.com.sg
- (d) Lanes will be cleared 15 minutes before the start of the programme to prepare for set up

Lap Swimming:

For an optimal workout and experience, we recommend 10 swimmers per lane.

Patrons must follow lap swimming etiquette (see below) and lifeguard instructions at all times.

- Lanes are labelled to facilitate traffic flow in the water.
- Swimmers may be reallocated to an appropriate lane by lifeguards when necessary
- Lane Booking is available via www.sportshub.com.sg

Lap swimming etiquette:



Please practise lap swimming etiquette so that all swimmers can share and enjoy an optimal swim experience.

1

ENTERING THE POOL

Lanes are marked “Slow”, “Slow/Medium”, “Medium/Fast” and “Fast”. Select the lane most suited to your swimming speed.

Be clear of other swimmers in the lane and enter the water feet first.

2

PASSING OTHER SWIMMERS

To overtake a slower swimmer, tap his/her foot (but do not grab it), and overtake on the left when appropriate.



3

PRACTISE CIRCLE SWIMMING (Refer to diagram on right)

- Stay on the right of the lane
- Swim complete laps
- Start, turn, or stop at the wall
- If you've stopped at the wall, stay in the corner of the lane to allow swimmers to turn at the wall without obstruction



DO'S

- Enter and exit swimming pool through changing rooms only
- Patrons aged 6 years or older must get changed in gender appropriate changing rooms
- Patrons aged 15 years of younger are only allowed to swim in the Training Pool
- Kickboards, pull buoys, swim paddles, fins with a maximum length of 8 inch or 20cm and weight belts are allowed for training purposes
- Wear appropriate swimwear of colourfast and lightweight material such as lycra, spandex or nylon
- Appropriate swimwear includes:
 - One or two-piece swim suits
 - Swim trunks, jammers, swim board shorts
 - Rash guards/Wetsuits
 - Hijood/burqini or other approved Islamic swimwear
 - Swim waterproof nappies for non-toilet trained kids
- Lifeguards reserves the right to stop any swimmer in inappropriate attire

DONT'S

- Lane lines are not weight buoyant. Do not hang onto lane lines.
- List of prohibited behaviours and items at OCBC Aquatic Centre include but not limited to:
 - Competitive or repetitive underwater breath holding or underwater distance swimming
 - Persons who do private coaching in the pool whether for personal financial gain or not
 - Spectators on pool deck
 - Inflatable floatation devices- e.g. arm floats
 - Life jackets that are not Safety of Life at Sea (SOLAS) approved
 - Professional cameras, lens, videography and underwater photography
 - Food and drinks, smoking and alcohol (except plastic water bottles)
 - Helmets of any type, bicycles, scooters, skateboards and trolleys of any form
 - Spitting, spouting water, blowing nose and urinating in the pool
 - Gym shorts, sports bra, regular diapers and any attire that is deemed inappropriate by management/lifeguards
 - Footwear, heels and clothing on pool deck
 - Use of starting block, diving, pushing, running, horseplay, wrestling and dunking
 - Pets
 - Patrons suffering from open wounds, eye/skin infections and communicable diseases or experiencing any diarrhea will not be allowed to swim

Pool Safety & Adult-Child Supervisory Ratio

- (a) All patrons must adhere to the adult-child supervisory ratio stated below
- (b) Each ratio indicates the maximum number of children that one responsible adult (aged 18 or older) can supervise.

Parent/guardian must be in proper swim attire in the water, actively participating within arm's reach at all times, where applicable:

| Age | Information | Admission requirements | Adult:Child ratio |
|--------------------|--|---------------------------------------|--------------------------------|
| 5 years and below | Adult must be in water | Always accompanied within arm's reach | 1:2 |
| 6 to 12 years old | Adult must be in water | Always accompanied | 1:4 |
| 13 to 15 years old | Adult must be in water if child is not proficient | Always accompanied | 1:8 if child is not proficient |
| 13 to 15 years old | If child is proficient, adult does not need to be in water | Does not need to be accompanied | N/A |

**Proficient swimmer: able to swim 50m continuously using a recognised stroke*

High-risk participants must be in a ratio of 1:1 and include persons:

- (a) Having a condition or illness that may put them at risk in an aquatic environment (e.g., frequent seizures, fainting conditions, etc.)
- (b) Unable to control behaviour or impulses and require direct supervision
- (c) Non swimmers