

### Experience Sports Sessions – Location Update or Cancellation (November 2022)

DATE	TIME	PROGRAMME	LOCATION UPDATE / CANCELLATION
<b>1 November 2022, Tuesday</b>	7pm to 8pm	Boot Camp	The programme will be relocated to <b>100PLUS Promenade, Gate 2.</b>
<b>3 November 2022, Thursday</b>	7pm to 8pm	Tabata Mania	The programme will be relocated to <b>100PLUS Promenade, Gate 2.</b>
<b>8 November 2022, Tuesday</b>	7pm to 8pm	Boot Camp	The programme will be relocated to <b>100PLUS Promenade, Gate 2.</b>
<b>10 November 2022, Thursday</b>	7pm to 8pm	Tabata Mania	The programme will be relocated to <b>100PLUS Promenade, Gate 2.</b>
<b>19 November 2022, Saturday</b>	8.30am to 9.30am	K-Kardio	The programmes will be relocated to <b>100PLUS Promenade, Gate 10.</b>
	10am to 11am	Strong by Zumba™	
<b>20 November 2022, Sunday</b>	8.30am to 9.30am	International Remix – Cardio Rocks	The programmes will be relocated to <b>100PLUS Promenade, Gate 18.</b>
	10am to 11am	FIT Blast	
<b>28 November 2022, Monday</b>	7pm to 8pm	International Remix – Dance Storm	The programme will be <b>cancelled</b> due to Maroon 5 World Tour 2022.
<b>29 November 2022, Tuesday</b>	7pm to 8pm	Boot Camp	The programme will be relocated to <b>100PLUS Promenade, Gate 2.</b>

***\*In the event of inclement weather, sessions held at Stadium Roar and Sports Hub Lawn Bowls will be cancelled. Please check [facebook.com/sporesportshub](https://www.facebook.com/sporesportshub) at least 45 minutes prior to commencement of the session for the latest updates.***

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Updated as of 1 November 2022

