

Experience Sports Sessions – Location Update or Cancellation (December 2022)

DATE	TIME	PROGRAMME	LOCATION UPDATE / CANCELLATION
1 December 2022, Thursday	7pm to 8pm	Tabata Mania	The programme will be relocated to 100PLUS Promenade, Gate 2.
10 December 2022, Saturday	8.30am to 9.30am	K-Kardio	The programme will be relocated to 100PLUS Promenade, Gate 18.
	10am to 11am	Strong by Zumba™	
11 December 2022, Sunday	8.30am to 9.30am	International Remix – Cardio Rocks	The programmes will be relocated to 100PLUS Promenade, Gate 18.
	10am to 11am	FIT Blast	
15 December 2022, Thursday	7pm to 8pm	Tabata Mania	The programme will be relocated to 100PLUS Promenade, Gate 2.
19 December 2022 – 6 January 2023			All programmes will be cancelled due to Festive Break.

**In the event of inclement weather, sessions held at Stadium Roar and Sports Hub Lawn Bowls will be cancelled. Please check facebook.com/sporesportshub at least 45 minutes prior to commencement of the session for the latest updates.*

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Updated as of 25 November 2022

