

Experience Sports Sessions – Location Update or Cancellation (November 2022)

DATE	TIME	PROGRAMME	LOCATION UPDATE / CANCELLATION
1 November 2022, Tuesday	7pm to 8pm	Boot Camp	The programme will be relocated to 100PLUS Promenade, Gate 2.
3 November 2022, Thursday	7pm to 8pm	Tabata Mania	The programme will be relocated to 100PLUS Promenade, Gate 2.
8 November 2022, Tuesday	7pm to 8pm	Boot Camp	The programme will be relocated to 100PLUS Promenade, Gate 2.
10 November 2022, Thursday	7pm to 8pm	Tabata Mania	The programme will be relocated to 100PLUS Promenade, Gate 2.
19 November 2022, Saturday	8.30am to 9.30am	K-Kardio	The programmes will be relocated to 100PLUS Promenade, Gate 10.
	10am to 11am	Strong by Zumba™	
20 November 2022, Sunday	8.30am to 9.30am	International Remix – Cardio Rocks	The programmes will be relocated to 100PLUS Promenade, Gate 18.
	10am to 11am	FIT Blast	
28 November 2022, Monday	7pm to 8pm	International Remix – Dance Storm	The programme will be cancelled due to Maroon 5 World Tour 2022.
29 November 2022, Tuesday	7pm to 8pm	Boot Camp	The programme will be relocated to 100PLUS Promenade, Gate 2.

****In the event of inclement weather, sessions held at Stadium Roar and Sports Hub Lawn Bowls will be cancelled. Please check facebook.com/sporesportshub at least 45 minutes prior to commencement of the session for the latest updates.***

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Updated as of 1 November 2022

